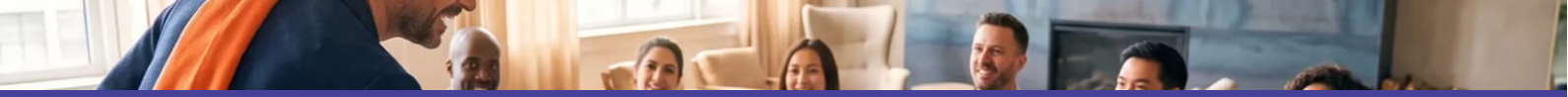


COHORT START

Group Coaching · December 2026 Cohort · Live online

13 December 2026

Online



About the Gathering

"What happens in a room with a group is not one private session repeated across several people." Group Coaching is the level where you learn to hold a whole group's field with the same depth you hold an individual session. Coaching a group the Somatic Thinking way is "activating knowledge": every person in the circle becomes the active author of their own learning rather than a passive receiver, and the benefit of one session reaches everyone in the room at once.

This cohort is for a coach who has completed three stations: [An Introduction to Somatic Thinking](https://kuncoaching.com/en/courses/somatic-thinking-intro), [Individual Coaching Foundation](https://kuncoaching.com/en/programs/stce#stic) (its next live intake, March 2027, is [here](https://kuncoaching.com/en/events/stic-mar-2027)), and [Your Identity](https://kuncoaching.com/en/courses/your-identity). Having absorbed the method at those stations, you now build on it to serve a whole group rather than one person.

The cohort opens Sunday 13 December 2026 and meets every Sunday and Wednesday at 6:00 pm Cairo time, across ten live online sessions, running through mid January 2027.

Thirty four live hours.

You leave holding the skill of group coaching the Somatic Thinking way. Group Coaching is a branch of our program accredited at Level 2: with the three milestones (104 hours) it brings your total to 138 hours, which is [Your Method](https://kuncoaching.com/en/programs/menhajak).

What will we do together?

- **34 live hours**
  A Level 2 branch: your total with it is 138 hours.
- **Activating knowledge, not receiving it**
  Every person in the circle becomes the active author of their own learning, and one session reaches everyone at once.
- **A live online circle**
  Ten live sessions, every Sunday and Wednesday, streamed live, Cairo time.

What do I need to start?

You need to have completed An Introduction to Somatic Thinking, Individual Coaching Foundation, and Your Identity. This cohort builds directly on what you absorbed at those three stations.

How does this cohort run?

The opening: founding the circle's field

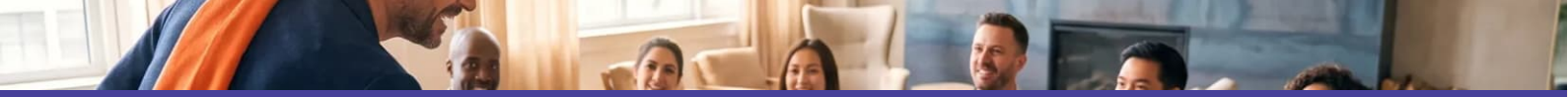
- **From individual to group**
  You learn how a group's field differs from an individual's, and begin building a presence that holds several people at once.

The middle: activating knowledge

- **The participant as active author**
  You practise designing group spaces where each person becomes a participant in their own learning, not a recipient of it.
- **Carrying the depth of an individual session**
  You practise letting the impact of a single moment reach the whole circle, without losing its depth.

The close: credential and direction

- **Where you continue from here**
  You complete the Your Method composition and know where to specialise next.



How does this cohort run?

About the program

Professional Coach Education Journey

Who will you meet?



Samer Hassan

Founder of Kun Academy, Creator of Somatic Thinking, ICF MCC

Samer Hassan is the creator of Somatic Thinking, a published coaching methodology, and a Master Certified Coach (MCC) with the International Coaching Federation (ICF). In 2019 he received the ICF's Young Leader in Coaching award.

He began in martial arts more than thirty years ago and carried one question from there into coaching: how does a person recover their drive from within, rather than from a teacher outside them? With that question he has conducted more than ten thousand one-to-one coaching sessions. Through Kun Coaching Academy, which he founded and leads from Dubai, he has helped train 1000+ coaches across 15+ countries in three languages. He co-authored the peer-reviewed Coaching Presence (McGraw-Hill, 2021) and wrote From Balance to Baraka (2025).

In a session with him, the objective is yours. He does not hand you an answer from outside you; he listens and accompanies until you hear your own. People come to him when the question is larger than a situation: who you are, what all of it is for, and where this chapter of your life is going. If you want to find out whether this path is yours, the exploration session is free: twenty minutes in which you hear how he works, and he hears what you are carrying.

If you are a coach, mentoring with him is a different kind of work. In coaching you work on your objective; in mentoring you work on your practice. He holds the ICF Mentor Coach Specialization (MCS) and accompanies coaches toward their ICF credentials, with clear feedback measured against the core coaching competencies.

Where we meet

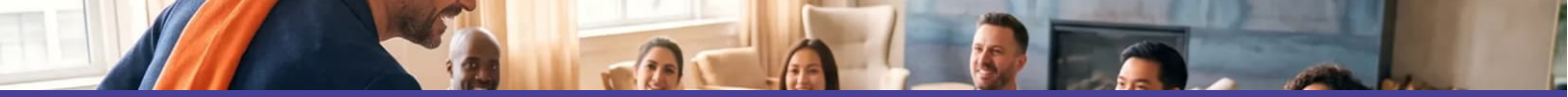
- **Format**
  Online
- **Platform**
  Live online

What your booking includes

What's included

- Ten live online sessions, every Sunday and Wednesday, Cairo time
- Payment in up to three monthly instalments, the first serving as your deposit
- A Certificate of Partial Completion from Kun (34 hours), with no ICF mark. Complete the three milestones and this branch and pass the final evaluation, and you receive the Level Two certificate once, printing 138 hours in total.
- A coach who holds an ICF credential may submit the Certificate of Partial Completion toward credential renewal; ICF decides what it accepts.

Up to 25 participants



What your booking includes

Reserve with a 33% deposit

Register by 12 December 2026

Price and registration on the page:

kuncoaching.com/en/events/stgc-dec-2026

Frequently asked questions

What are the prerequisites for this cohort?

You need to have completed An Introduction to Somatic Thinking, Individual Coaching Foundation, and Your Identity. This cohort builds directly on what you absorbed at those three stations.

Can I pay in instalments?

Yes. You can pay in up to three monthly instalments, the first of which serves as your registration deposit. Figures are shown in the registration card on this page.

How does this cohort relate to Your Method?

Group Coaching is the fourth and final station in the Your Method composition: An Introduction to Somatic Thinking, then Individual Coaching Foundation, then Your Identity, then Group Coaching. Completing it closes that composition.

When does the cohort start, and in what time zone?

It opens Sunday 13 December 2026 and meets every Sunday and Wednesday at 6:00 pm Cairo time, across ten live sessions running through mid January 2027.

What accreditation does this cohort carry?

Thirty four live hours. Group Coaching is a branch of our program accredited at Level 2: with the three milestones (104 hours) it brings your total to 138 hours, which is Your Method.

What language does the cohort run in?

This cohort runs in Arabic.



Group Coaching · December 2026 Cohort · Live online

The current event page, with the latest details and contact

kuncoaching.com/en/events/stgc-dec-2026

Generated on 24 November 2026